



# Mobile Day Spa

Soul & Skin mobile spa treatments offer an essential escape from a stress-filled busy lifestyle restoring balance & harmony to the mind, body, soul & skin.



Range of Holistic skin care wildflower essences & aromatherapy oils also available for purchase.

<p><b>Aromatherapy Massage</b> choose a blend to match your mood:</p> <p>EARTH BLEND contains cypress, bergamot, geranium &amp; frankincense enhances feelings of stability &amp; security, uplifting for the spirit.</p> <p>WATER BLEND contains lavender, clary sage, marjoram &amp; geranium encourages compassion, insight &amp; relaxation.</p> <p>FIRE BLEND contains vetiver, myrrh, neroli &amp; ylang ylang ignites passion &amp; drive, motivating energy &amp; achievement.</p> <p>AIR BLEND contains basil, patchouli, sandalwood &amp; lemongrass enhances communication, generating clear creative thinking.</p>	<p><b>1hr \$90</b></p>	<p><b>1.5hr \$125</b></p>
<p><b>Deep Tissue, Remedial</b></p>	<p><b>1hr \$100</b></p>	<p><b>1.5hr \$135</b></p>
<p><b>Reflexology</b></p>	<p><b>1hr \$90</b></p>	
<p><b>Body Polish</b> This divine mandarin, lime nutmeg &amp; organic rice body scrub is gently massaged over your entire body, leaving your skin, cleansed, hydrated &amp; revitalised.</p>	<p><b>1hr \$95</b></p>	<p><b>1.5hr \$135</b></p>
<p><b>Mineral Mud Wrap</b> Begin your journey with a full body exfoliation. Then whilst cocooned in lush mud, your senses are indulged with a heavenly scalp massage &amp; mini facial.</p>	<p><b>1.5hr \$155</b></p>	<p><b>2hr \$190</b></p>
<p><b>Chakra Balance</b> A spirit reviver, that targets the energy centres of the face &amp; body with wild flower essence &amp; unique chakra balancing techniques that help balance the physical &amp; spiritual body.</p>	<p><b>1hr \$90</b></p>	
<p><b>Facials</b> Wildflower essences, the finest aromatherapy oils &amp; purest organic skincare work together to create a skin care treat like no other.</p>		
<p><b>Wildflower Facial</b> Includes, cleanse, exfoliation, face, scalp, foot massage &amp; mask.</p>	<p><b>1hr \$90</b></p>	
<p><b>Signature Soul &amp; Skin</b> An indulgence that exceeds all expectations, includes wildflower facial &amp; chakra balance.</p>		<p><b>1.5hr \$150</b></p>
<p><b>Divine Goddess</b> Begins with a relaxing aromatic cleanse, followed by a gentle exfoliation. Fine lines are then targeted with an intensive anti ageing infusion of pure collagen &amp; myoxinal (natures own wrinkle remover) whilst a scalp, head &amp; foot massage soothe your soul.</p>	<p><b>1hr \$130</b></p>	
<p><b>Oxygen Facial</b> 21st Century skin care science floods the skin with 180 million nutrient particles per second of pure oxygen gas, vit A, C, E &amp; essential minerals. This cascade of micronised nutrients revitalises every skin cell pore by pore, banishing fine lines &amp; dehydration.</p>	<p><b>1hr \$160</b></p>	
<p><b>Spa Manicure or Pedicure</b> Includes complete nail care, hand or foot treatment &amp; polish.</p>	<p><b>1hr \$85</b></p>	